

Mission: Working to end family violence and poverty by supporting people in their pursuit of a safer, healthier more secure life.

Mandate: Help people address domestic abuse and overcome the effects of poverty through the development of effective partnership, relationship, education and programs.

The Women's Outreach is funded in part by:

Alberta Health Services

Alberta Human Services

Alberta Law Foundation

Child and Family Services Division,

Central Region

Government of Alberta

Alberta Justice and Solicitor General

Private/Anonymous Donors

Service Canada

The City of Red Deer

United Way of Central Alberta

For more information on the programs and services that we offer, please go to our website at www.womensoutreach.ca

The Women's Outreach would like to acknowledge and thank all our donors & sponsors who financially support our programs and services, which strengthen the lives of families in Central Alberta.

Every year the Women's Outreach runs four fundraising events. If you are interested in being a part of or sponsoring one of these events, please let us know. More information on each event can be found on our website at www.womensoutreach.ca/events



March 6, 13 and 20, 2018



www.walkamileinher shoes.org

Walk a Mile in Her Shoes®

THE INTERNATIONAL MEN'S MARCH
TO STOP RAPE, SEXUAL ASSAULT & GENDER VIOLENCE

June 7, 2018

Postma Charity
Golf Tournament

July 5, 2018



October 12, 2018

Women's Outreach



Hours of Operation

Monday thru Friday
8:15 - 4:15
(Open through lunch hour)

Location:

4101-54 Avenue
Red Deer, Alberta, T4N 7G3

Contact:

Phone: (403) 347-2480
Toll Free at: 1 (866) 347-2480
e-mail at: info@womensoutreach.ca
On the Web at: www.womensoutreach.ca

Outreach Programs

Outreach Workers are available to provide assistance for individuals and families for a wide range of issues, and will provide the support and referrals needed.

Men's Group

A therapeutic program for male victims of violence in an intimate partner relationship. It is a program that focuses on therapeutic change for men who want to be part of a healthy relationship.

Kid Power

A play therapy group for children who have been affected by domestic violence. There is a separate psycho-educational group for parents whose children have been affected by domestic violence.

Julietta's Place

Julietta's Place is Second Stage housing for women and children fleeing domestic violence. This program provides affordable secure housing while families participate in intensive programming as they learn to live life free from violence.

Domestic Violence Support

Getting out of a abusive or violent relationship isn't easy. Through comprehensive and long term support, case workers will help overcome barriers that prevent living life free from violence.

Women's Domestic Violence 101

A psycho-educational group for women 18 and older who have been affected by domestic violence. This group provides women with a place to sit with peers and empower themselves through learning about relationship dynamics and positive self image.

Dragonfly Childrens Healing Centre

The Centre will nurture, protect, enrich, educate and provide healing avenues for children and youth who are experiencing trauma from domestic violence, homelessness, and suicide.

Boundaries

This program supports women wanting to learn about creating healthy boundaries. In a group atmosphere our qualified facilitators will teach the skills necessary to maintain healthy relationships.

Youth Boundaries

This program supports youth ages 14 to 17 wanting to learn about creating healthy boundaries in relationships.

Safe Visitation

An impartial program that allows children to continue visiting non-custodial parents in a supportive environment in situations when families are dealing with the impact of domestic violence in Central Alberta.

Monitored Exchange

An impartial program that safely transitions children from one parent to another to eliminate the children from witnessing a negative interaction between the parents.

Red Deer Housing Team

This program provides intensive case management to individuals and families, focusing on those who have experienced homelessness or are at the risk of homelessness. Our goal is to support individuals and families to maintain housing stability and personal success.

Covering The Basics

This program builds capacity in personal financial management & assist clients to reach their full potential and housing stability. This program is for individuals on income support or AISH.

Domestic Violence Therapeutic Service

Qualified therapist, use an integrated model of therapy to assist individuals in reaching their goals.

Tools for School

This program collects and distribute's school supplies for families across Central Alberta who have children in Kindergarten to Grade 12, who otherwise could not afford their own materials.

Adopt a Family

Adopt a Family provides assistance throughout the year to families when they are most in need. Generous donations from sponsors in our community help to provide for our participating families.

Legal Information & Referral

This program provides legal information and referrals to individuals as they navigate through the legal and judicial system.

Shoestring Warehouse

The Shoestring Depot provides furniture and essential household items at affordable rates, to individuals and families transitioning out of homelessness and into permanent housing. We provide "moving" services upon request.

R-Own Food Co-op

R-Own Food Co-op is a member driven food co-op enabling members to purchase basic food necessities at a reduced cost.

Landlord & Tenant Forms

Landlord & Tenant Forms are available to purchase at the Outreach Centre.

Outreach Daycare Program

A licensed day care program delivered by qualified staff for children ages 12 months to 5 years.

For more detailed information about our programs and services go to our website at www.womensoutreach.ca