

**CITY OF RED DEER
AND ALL COUNTIES**

Emergency (Ambulance, Fire, Police) 911

RED DEER EMERGENCY NUMBERS

POLICE/RCMP Administration Office(403)-341-2000

Complaint Line (403)-343-5575

Victim Services (403)-341-2041

POLICE/RCMP-RURAL (403)-343-5500

Complaint Line-RURAL (403)-343-5591

AMBULANCE NON-EMERG..... (403)-346-5511

HOSPITAL NON-EMERG (403)-343-4422

OTHER EMERGENCY NUMBERS

AADAC Helpline..... 1-866-332-2322

CHILD ABUSE HOTLINE 1-800-387-5437

CHILDREN'S SERVICES HOTLINE 1-800-638-0715

HELP/DISTRESS LINE (AB) 1-800-779-5057

HEALTH LINK (ALBERTA)..... 1-866-408-5465

GAMBLING HELP LINE 1-800-665-9676

KIDS HELP PHONE 1-800-668-6868

POISON CONTROL 1-800-332-1414

SENIORS INFORMATION LINE 1-800-642-3853

SPCA [Alberta complaint line](rural) 1-800-455-9003

WOMEN'S EMERGENCY SHELTER
(Red Deer) **1-888-346-5643**
WOMEN'S SHELTER (Camrose-Brigantia
Place)-24-hour Crisis Line **(780) 672-1035**
WOMEN'S OUTREACH SOCIETY .. **(403) 347-2480**
..... **1-866- 347-2480**

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COURTHOUSES

QUEEN'S BENCH:

Red Deer..... (403) 340-5220
Fax:..... (403) 340-7984
4909-48 Ave., Red Deer, AB T4N 3T5

PROVINCIAL COURT:

Red Deer
Traffic:..... (403) 340-5250
Civil:..... (403) 340-7128
Family Youth (403) 340-5171
Fax:..... (403) 340-7985
4909-48 Ave., Red Deer, AB

Rimbey (403) 843-3707
Provincial Building, 5025-55 St., Rimbey, AB

Rocky Mountain House..... (403) 845-8220
Provincial Bldg, 4919-51St., Rocky Mountain House

Stettler (403) 742-7528
Provincial Building, 4705-49 Ave., Stettler, AB

HELPFUL LEGAL RESOURCES

ALBERTA LAW LINE

.....**1-866-845-3425**

The Law line is a free service that provides legal information and referrals, and legal advice to eligible callers over the phone (eligibility determined by financial situation) Staff do not meet clients in person or attend court. Calls are accepted Monday through Friday, 9am to 4pm. Except Wednesdays (9am to 2:30pm).

CHILD TAX BENEFIT PROGRAM

Canada Customs & Revenue **1-800-387-1193**

CREDIT COUNSELLING SERVICES OF ALBERTA LTD.

Toll-free:..... **1-888-294-0076**

4728 Ross Street RD AB T4N 1X2

Web: www.creditcounselling.com

Provides services in three areas: money management, credit use, and debt resolution, including debt repayment programs. Hours are 9:00 am to 5:00 pm, Monday through Friday.

DIAL-A-LAW Operated by Calgary Legal Guidance

Legal Information (403) 234-9022

Toll-free..... 1-800-332-1091

Web: www.clg.ab.ca/index.htm

Provides taped information on different areas of basic law 24 hours by a touch-tone phone. Operator assistance 8:30 am to 4:30 pm, Monday through Friday.

FAMILY JUSTICE SERVICES (403) 340-7187

4909-48 Avenue, Red Deer T4N 3T5 Assists families who are in various stages of separation. Make applications to the Family Court.

FAMILY LAW INFORMATION CENTRE (FLIC)

..... (403) 755-1468

Located in Courthouse. Drop in only. Open to clients who are unable to utilize the services of a family court counselor. FLIC can provide information and family court application forms; clients are responsible for completing forms independently.

GOVERNMENT RITE LINE (403) 310-0000

Call to reach any Alberta government office free.

**COMMUNITY INFORMATION REFERRAL SOCIETY
(CIRS)**

..... (403) 346-4636

4728 Ross St, Red Deer, AB T4N 1X2

Advises landlords and tenants of their rights.

LAW INFORMATION CENTRE (LINC)

..... (403) 755-1469

Located in Courthouse. LINC can provide information about court procedures, court forms, legal advice options and legal matters. LINC will assist with criminal, civil, provincial, and federal matters.

LAWYER REFERRAL SERVICE 1-800-661-1095

Operated by the Law Society of Alberta

For those who can afford a lawyer but need assistance in finding one. Initial interview with lawyer will be free for first half-hour. Bilingual or multilingual lawyers are available upon request.

LEGAL AID SOCIETY OF ALBERTA

..... (403) 340-5119

110 Millennium Centre, 4909-49 St, RD AB T4N 1V1

E-mail: www.legalaid.ab.ca

Applications for legal aid. Walk-in law clinic every Tuesday afternoon. Call 340-7730 to schedule a 20 minute consultation free of charge. Mon: Fri 8am- 4pm. Fri: 1pm-4pm

MAINTENANCE ENFORCEMENT PROGRAM

General Information 1-(780)-422-5555

Toll Free..... 1-(403)-310-000

Web: www.gov.ab.ca/just/mep

P.O. Box 2404, Edmonton, AB T4J 3Z7

HELPFUL LEGAL WEBSITES

Access to Justice Network www.acinet.org

Information about various services and resources on law and justice in Canada.

Alberta Justice www.gov.ab.ca/just/index.html

Family Law, Victims of Crime, Criminal Prosecutions

Alberta Courts www.albertacourts.ab.ca

Structure of the courts and court services in Alberta

Canadian Legal FAQs www.law-faqs.org

Information and education for a variety of frequently asked questions on law.

Committee for Children

www.cfchildren.org/bullying

Links to information on bullying and sexual harassment.

Health Law Institute-Edmonton, Alberta

<http://www.law.ualberta.ca/centres/hli>

Conducts legal research on issues regarding science, ethics, economics and the law.

Law and Abused Women-Violetnet

www.violetnet.org

Law And Abused Immigrant Women-Rosenet
www.rosenet-ca.org/

Laws for Tenants in Alberta
<http://tenant.landlordtenant.org>

PLENA-Public Legal Education Network of Alberta
<http://www.plena.org>

An Alberta Society, (PLENA) is a board-governed, executive-office-managed network of 60 agencies, organizations and individuals united by their common interest in public legal education and information.

Shelter Net

www.shelternet.ca

Helps find a link to a shelter or helpline in your area.
Increases direct access to a local shelter.

Student Legal Services-University of Alberta

www.slsedmonton.com/home.html

Provides information and on-line publications on a wide variety of legal topics.

RED DEER

49th STREET YOUTH SHELTER..... (403) 341-3190

4633 49th St. Red Deer, AB T4N 1T4

Shelter for youths 12-17. Support and counseling and/or a safe place to sleep. Admission may be by family, guardian, agency, or by youths themselves.

AADAC (403) 340-5274

(ALBERTA ALCOHOL & DRUG ABUSE COMMISSION)

Fax:..... **(403) 340-4804**

106 4920-51 St., Red Deer, AB T4N 6K8

Provides counseling for people affected by drugs, alcohol or gambling problems. Public education/prevention programs also available.

ACADEMIC EXPRESS (403) 340-1930

#3 4820-47 Ave, Red Deer, AB T4N 6B9

School for adults, providing academic skills training, GED, personal development, work placement and employability skills. www.academicexpress.ab.ca

AIDS NETWORK (See Central AB AIDS Network)

ALANON and ALATEEN (403) 346-0320

Call the 24-hour answering machine to find out more about support group meetings you can attend.

ALBERTA DISASTER SERVICES.. 1-800-422-9000

24 hours toll free (after hours only)

Responds to major emergencies and disasters (flood, casualty disaster, tornado, etc.). Assists in responding to public and media inquiries.

ALBERTA EMPLOYMENT & IMMIGRATION

..... (403) 340-5353

2nd and 3rd floors, 4911-51 St., Red Deer, AB

Apprenticeship & Industry Training ... (403) 340-5151

Fax:..... (403) 340-5153

Alberta Learning (403) 340-5151

Career Development Center..... (403) 340-5353

Fax:..... (403) 340-7086

Career Information Hotline 1-800661-3753

Counselors (403) 340-7086

Job & Employment Line 1-800 727-2925

Income/Employment Support

General Inquiries..... (403) 340-5439

To apply (403) 340-5485

109, 4920-51 St., Red Deer

Provides employment counseling, student finance services and job search assistance.

AISH (403) 340-7077

2nd & 3rd Floor - 51st Red Deer, T4N 6K8

(Provincial Building)

ALCOHOLICS ANONYMOUS AA.... (403) 347-8650

Phone 24-hour line for dates, times and locations of meetings.

BARGAIN TREASURES (403) 347-9711

5219 50th Ave. Red Deer, AB T4N 4B4

Mon.-Fri. 10 am-4:30 pm; Sat. 10 am-3 pm.

You can buy clothes, furniture, household goods, books or toys at low prices. Operated by the Canadian Mental Health Association.

BERACHAH PLACE

Office: (403) 358-5437

4611b 50th Ave. RD, AB T4N 3Z9

Provides many services for disadvantaged and the homeless.

CANADIAN MENTAL HEALTH ASSOCIATION

Office: (403) 342-2266

Fax: (403) 342-5684

5017-50th Ave. Red Deer AB, T4N 4B2

Provides education, bereavement support, and advocacy programs. Community Outreach workers are available to assist with housing and related issues. Member of the Coordinated Community Outreach Team.

CANADIAN RED CROSS..... (403) 346-1241

Fax:..... (403) 342-6373

3030 55th St. Red Deer, AB T4P 3S6

Provides 24-hour disaster relief preparedness, violence and abuse prevention education; medical equipment. For first aid and water safety information, call 1-888-307-7997.

CAREER ASSISTANCE NETWORK

Phone..... (403) 341-7811

18, 471250th St. Red Deer, AB T4N-1X2. Open Monday to Friday. 8am – 5pm. Tuesdays and Thursdays they are open to 9pm. Open Saturdays 8am – 5pm. Not open Saturdays before a long weekend. Appointment only on Saturdays. They offer help with career planning, job searching, as well as different workshops. Call to join.

CAREER PREP (403) 342-3797

5210 61 St Offers services in career resources for high school students and scholarship information.

C.A.S.E-MEDIATION & ANGER MANAGEMENT

Phone..... (403) 361-9701

Fax..... (403) 352-3190

CATHOLIC SOCIAL SERVICES..... (403) 347-8844

Fax:..... (403) 342-1890

5104-48 Ave., Red Deer, AB T4N 3T8

Services and programs in rehabilitation, children, and youth and family counseling are offered. Other programs such as FASD, and Brain injury services are offered. Services are available to the whole community regardless of religion.

CENTRAL ALBERTA AIDS NETWORK SOCIETY / TURNING POINT

Office: (403) 346-8858

Fax:..... (403) 346-2352

Toll Free:..... 1-877-346-8858

4611-50 Ave., Red Deer, AB T4N 3Z9

Confidential support services. Needle exchange program.

CENTRAL ALBERTA BRAIN INJURY SOCIETY (CABIS) (403) 341-3463

Fax..... (403) 346-1035

#301-4805-48 St. Red Deer, AB T4N 1S6

Website: www.cbia.org

Email: cabis@telus.net

Provides support, information, and referrals for individuals with a brain injury, their families and caregivers.

CENTRAL ALBERTA COMMUNITY LEGAL

CLINIC..... (403) 314-9129

Fax..... **(403) 314-9194**

#301, 5008 Ross St. Red Deer, AB T4N 1Y3

The Central Alberta Community Legal Clinic offers free legal advice to those who do not qualify for Legal Aid, who may have difficulty accessing legal help through other organizations, and who cannot afford a lawyer. The clinic offers several evening clinics through volunteer lawyers and receptionists.

CENTRAL ALBERTA IMMIGRANT WOMEN'S ASSOCIATION (403) 341-3553

Fax: **(403) 309-3807**

120, 4818 50 Ave, Red Deer, AB T4N 4A3

Programs available to immigrant women in the areas of skill development (computer classes, collective kitchen), health awareness and wellness (cervical/breast cancer screening, family violence prevention, cross-cultural parenting), and outreach.

CENTRAL ALBERTA PREGNANCY CARE

CENTRE (403) 343-1619

Fax:..... **(403) 343-1738**

203, 4820 Gaetz Ave., Red Deer, AB T4N 4A4

Walk-ins welcome or phone for an appointment. Provides aid to those pregnant and in need of support

plus post-abortion and post-adoption counseling. Free pregnancy testing.

CENTRAL ALBERTA'S SAFE HARBOUR SOCIETY FOR HEALTH AND HOUSING

..... (403) 347-0181

5246-53 Ave RD AB T4N 5K2

- People's Place 35
- Residential Society 39
- Safe Harbour (Detox & Overnight Shelter) 39

CENTRAL ALBERTA REFUGEE EFFORT (C.A.R.E) (403)

Fax:..... (403) 347-5220

202, 5000 Gaetz Ave. Red Deer, AB T4N 6C2

Helps immigrants and refugees with their needs while they adjust to their new lives in Canada. Also provides public awareness on issues faced by immigrants and refugees.

CENTRAL ALBERTA WOMEN'S EMERGENCY

SHELTER (403) 346-5643

Toll free:..... 1-888-346-5643

Fax:..... (403) 341-3510

PO Box 561, Red Deer, AB T4N 5G1

24 Hour crisis counseling, temporary safe accommodations, and referrals to other services. Walk-in and phone-in counseling available. Public education on family violence.

**CENTRAL ALBERTA WOMEN'S OUTREACH
SOCIETY (403) 347-2480
Toll Free..... 1-866-347-2480
Fax:..... (403) 343-0302**

4808-51 Ave., Red Deer, AB T4N 4H3
Mon.-Fri.: 8:30 am-Noon, 1:00 pm-4:00 pm

Outreach support workers assist with:

- Supporting individuals and families in identifying their needs/concerns
- Accessing support services related to individual needs
- Supporting women and families experiencing the effects of domestic abuse/violence
- Legal support
- Supporting women who are leaving the Women's Shelter or People's Place
- Crisis intervention
- Rural Outreach services available
- Safe Visitation program

Women's Outreach is a member of the Coordinated Community Outreach Team.

**CHILD & FAMILY SERVICES AUTHORITY – REGION
4..... (403) 340-5400
Fax:..... (403) 340-4940
4920-51 St., Red Deer, AB T4N 6K8**

Call for inquiries about child protection/child abuse concerns, foster care, adoptions and other services.

After hours emergency line 1-800-638-0715

Foster care, adoptions and handicapped children's services..... (403) 340-5030

CHILDREN'S SERVICES CENTRE . (403) 340-2606

Fax:..... (403) 340-2615

4826-47 Street, Red Deer, AB T4N 1R2

For children with special needs and their families. Early intervention and assessment services

CHRISTMAS BUREAU (403) 347-2210

Box 97, Red Deer, AB T4E 5E7.

During Christmas season gift and food hampers are prepared for those in need.

COMMUNITY CAPITAL..... (403) 340-1323

One on one help is offered. Financial coaching, and referrals.

COMMUNITY CORRECTIONS (403) 340-5180

Fax:..... (403) 340-4843

Rm 103, 4920-51 St., Red Deer, AB T4N 6K8

Supervises and assists adults and young offenders in the process of rehabilitation within the community.

**COMMUNITY INFORMATION & REFERRAL
SOCIETY (403) 346-4636**
Fax:..... (403) 340-8193
4728 Ross St. Red Deer, AB T4N 1X2
www.cirsonline.ca

Provides information, about our community. Helps people connect with the right organization, service group, health/service agency, support/self-help group, or government service.

CRISIS CENTRE (403) 340-1124
Fax:..... (403) 340-1163
24 HR Sexual Assault Crisis Line:
..... (403) 356-1099
Toll free..... 1-866-956-1099

201 5212 48th Red Deer, AB T4N 7C3. Crisis intervention, support, referrals and education in the area of sexual assault and bullying is provided. For victims of sexual assault, court accompaniment is available.

DETOX Centre (Member of Central Alberta's Safe Harbor Society for Health & Housing)
..... (403) 347-0181
5246-53 Ave RD AB T4N 5K2

EMPLOYMENT ACCESS (COSMOS)
..... (403) 343-0715
Fax:..... (403) 347-6969
1, 7428-49 Ave., Red Deer, AB T4P 1M2
Provides employment services to individuals who require assistance in gaining and maintaining employment. Individuals served include the mentally challenged, learning-disabled, brain-injured, etc.

EMPLOYMENT INSURANCE (Human Resources Development Canada)

Fax:..... (403) 341-7105

2nd & 3rd Floors, 4911-51 St., Red Deer, AB

Assistance in providing Employment Insurance benefits for temporary income support, Social Insurance Number application and automated job board kiosks. Information on labor market, Income Security programs, Federal Labor Standards.

EMPLOYMENT PLACEMENT AND SUPPORT

SERVICES (403) 343-6249

Fax:..... (403) 346-3444

#200, 4315-55 St., Red Deer, AB T4N 4N7

Offers strategies to support immigrants, youth, mature workers or any Albertan who requires individualized assistance from qualified employment specialist. Offers work place training, Job search support, work supports for individuals with disabilities and community connection.

FAMILY AND CHILD MAINTENANCE

..... (403) 340-7896

Help is offered for women who need child support orders. Women on assistance, women with lower income and women who are students with families can call for resources.

FAMILY AND COMMUNITY SUPPORT SERVICES

(City Of Red Deer Social Planning) .. (403) 342-8100

Fax:..... (403) 342-8222

4914-48 Ave. Box 5008 Red Deer, AB T4N 3T4

Municipally operated program that directs its resources toward prevention of social problems and/or their treatment at the earliest stages. Fourth floor, City Hall.

FAMILY LITERACY PROJECTS (403) 309-3488

Fax:..... (403) 343-2120

Downtown branch: 4818-49th st, T4N- 1T9

Lions Plaza Branch: 7710-50th Ave. T4P-2A5

Provides family literacy programming, for children, and their parents/care givers.

FAMILY SCHOOL WELLNESS PROGRAM

Phone:..... (403) 342-4320

Fax:..... (403) 347-6410

5210-61 St., Red Deer, AB T4N 6N8

Early intervention/prevention service for children identified as being at risk or vulnerable to problems. Services include consultation/assessment, direct assistance and support through outreach counseling, and follow-up. No fees.

FAMILY SERVICES OF CENTRAL ALBERTA

..... (403) 343-6400

Fax:..... (403) 346-6407

5409-50th. Ave Red Deer, AB T4N 4B7

Box 25008. Deer Park, Red Deer, AB T4R 2M2

www.fsca.ca

Operates as a central place for resources. Provides support, and counseling for individuals, couples, families people experiencing grief/loss and play therapy. Groups on family life, divorce, active parenting, teen parenting, and prenatal care is also available.

FETAL ALCOHOL - Central Alberta Friends of Children With Special Needs (403) 340-3885

Fax:..... (403) 352-0099

2nd Floor, 5017 – 50 St. Red Deer, AB T4N 1Y2

Friends of children with special needs are dedicated to assisting children with special needs, their families and the community. Offers program services, education and support that encourage children to reach their potential and lead healthy, happy lives.

Learning Disabilities Association

2nd Floor, 5017-50 St. Red Deer, AB T4N 1Y2

..... (403) 340-3885

GOLDEN CIRCLE SENIORS CENTRE

.....(403) 343-6074

Fax:.....(403) 343-7977

Due to renovations, GC will operate out of Red Deer Curling Bay 4725-43 St. T4N-623

Mon. - Fri. 8:30 am-4:30 pm

Kitchen: Mon-Fri 11:30 am-1:00 pm (Nutritious low cost meals)

Operates as an information resource, and activity center for senior citizens. Numerous support groups. There are several different clubs and committees to join. Snacks, tea and coffee are available any time of day.

HABITAT FOR HUMANITY (403) 309-0998

Fax:..... (403) 309-0915

7875 48 Ave T4P-2G9

Partners with community and low-income families to build homes with and for those in need. The ReStore ((403) 309-6080) sells donated building and plumbing materials to the community to help raise funds to build homes.

HERITAGE FAMILY SERVICES

Gaetz apartments. 202 Meadowview Rd.
Michener Services North, Red Deer

Phone..... (403) 342-2881

Fax..... (403) 343-9293

Offer's transitional housing for clients.

JIM FREEMAN PSYCHOTHERAPIST LTD.

104B 4315-55 Ave. Red Deer, AB T4N 4N7

..... (403) 343-9200

Fax:..... (403) 343-9201

Individual, couples & family counseling. Treatment group for men who batter, women's psychotherapy groups for victims of spousal abuse and domestic violence, adolescent treatment group for those 12-16 affected by domestic violence. No fees for group programs.

JOHN HOWARD SOCIETY (403) 343-1770

Fax:..... (403) 346-8740

4916-50th St Red Deer, AB T4N 1X7

Criminal justice related services, including: 25-bed community residential facility for male and female parolees, general parole services (i.e., supervision, assessment), and no-cost assistance with pardons. For men Career Closet is also available.

KATCH 22 (403) 352-8973

5239-53 Ave RD AB T4N 5K1 Open 10-6 Mon–Sat

Used clothing, furniture, household goods at low prices.

LANDLORD & TENANT INFORMATION SERVICES

..... (403) 346-4636

4728 Ross St Red Deer AB T4N 1X2

Forms, information, and advice for landlords and tenants.

LEGAL AID SOCIETY OF ALBERTA

..... (403) 340-5119

Fax:..... (403) 340-4873

4920-51 st, Red Deer, AB T4N- 6K8

E-mail: reddeer@legalaid.ab.ca

Applications for legal aid for those who lack funds to retain a lawyer. Walk-in law clinic every Tuesday afternoon @ Central Alberta Law Office from 1:15-3:15 pm. **Call (403) 340-7730** for appointment.

LOAVES AND FISHES (403) 347-1844

6002-54 Ave., Red Deer, AB T4N 4M8

Free meals and company for those in need.

Mon, Wed, Fri: Open 8-11am, 2:30-8:00pm, 5-7pm.

Tues-Thurs: Open 9am-5pm.

Sat. open 9am-1pm, for coffee and snacks.

1st, 2nd & 5th Sun. each month: Brunch 1-2:00pm.

MAINTENANCE ENFORCEMENT PROGRAM

Phone..... **(403) 310-000**

Toll free..... **1-800-642-3803**

MATS / OVERNIGHT SHELTER

(Member of Central Alberta's Safe Harbor Society for Health & Housing) **(403) 347-0181**

5246-53 Ave RD AB T4N 5K2

MEALS ON WHEELS (403) 340-2511

#6 Daykin St. Red Deer, AB T4R 3P9

Hot, nourishing, noon meals delivered to homes of people unable to prepare meals themselves. Meals delivered Mon.-Fri. 11:30-1:00pm, **except holidays.**

Office Hours: 8:30am-12:30pm

MENTAL HEALTH SERVICES

(David Thompson Health Region)..... **(403) 340-5466**

Fax:..... **(403) 340-4874**

MENTAL HEALTH HELPLINE 1-877-303-2642

4733-49 St., Red Deer, AB T4N 1T6

A range of mental health services is available for people of all ages experiencing mental health or emotional problems. Services offered within the David Thompson Health Region. Walk-in clinics.

METIS L.I.N.K.S..... (403) 340-0484

204-4814 50th st. Red Deer, AB T4N 1X4

Provides early intervention for children aged 5 to 15 and their families. Offers a variety of workshops for youth and their families. Everyone is welcome to join in programs.

MULTIPLE SCLEROSIS SOCIETY . (403) 346-0290

FAX..... (403) 341- 3955

105, 4807-50th Ave RD AB T4N 4A5

NATIVE COUNSELING SERVICES OF ALBERTA

..... (403) 347-4377

Fax: (403) 341-6260

#207, 4814- Ross St. Red Deer AB T4N 1X4

Legal information and counseling services primarily to the native community. Provides support and referrals for Children's Services, family social service matters, as well as youth and young offenders. No fee.

OUTREACH SCHOOL CENTRE (403) 343-1354

Fax:..... (403) 346-2417

5015-48 St., Red Deer, AB T4N 1S9

For students who require more flexibility than a conventional school program may offer.

PARKLAND YOUTH HOMES SOCIETY

..... (403) 340-8995

Fax:..... (403) 346-3225

4920-54 Street, Red Deer, AB T4N 2G8

Counseling services include a free walk-in clinic Tuesdays and Thursdays from 6:00pm to 8:00pm. and Friday from 1:00-3:00pm. Offers single-session therapy provided by professionals. Long-term therapy is offered on a sliding scale.

PEOPLE'S PLACE SOCIETY

(Member of Central Alberta's Safe Harbor Society for Health & Housing) **(403) 342-4722**

Fax:..... **(403) 342-2722**

6002-54 Ave., Red Deer, AB T4N 4M8

Shelter is open from 5pm-8am, Mon. through Fri. and from 1pm to 8am from Sat. through Mon. Provides temporary housing for men, women, and families who are experiencing a crisis related to housing. Warrant checks are done when a client arrives there, clients must be sober to enter.

Coordinates auxiliary shelter program, Inn From The Cold with local churches during winter months.

POTTER'S HANDS..... (403) 309-4246

4935-51 St., Red Deer, AB T4N 2A8

Free breakfast and friendship. Sat. 8-10 am. Free lunch. Mon. and Wed., Noon-1 pm.

PREGNANCY CARE CENTRE (See Central Alberta Pregnancy Care Centre)

RED DEER ABORIGINAL EMPLOYMENT SERVICES (403)

Fax..... **(403)-358-7735**

105-4711-51 Ave Office hours: Monday to Friday 8:30am – 12:00pm 1:00pm – 4:30pm. Offers clients a wide range of employment and educational related support and services such as: Employment/career

counseling, Resume/Cover Letter Development & Interview Techniques. Ect.

RED CROSS (See Canadian Red Cross)

RED DEER CHILD CARE SOCIETY

..... (403) 347-7973

Fax..... (403) 343-9299

5216-48th Ave. Red Deer AB T4N 3T9. Offers day care and before and after school care. Call the office to sign up for any programs.

RED DEER CLOTHING BANK (403) 347-6909

5005 Ross St Red Deer AB T4N 4B2

Free clothing and basic household supplies are provided to those in need. Open Tuesday, Wednesday, and Thursday from 12:00 pm to 4:00 pm. Closed during July.

RED DEER COMMUNITY HEALTH UNIT

Office: (403) 341-2100

Health Link 1-866-408-5465

Fax:..... (403) 341-2196

Immunization office (403) 356-6300

2845 Bremner Ave. Red Deer, AB T4R 1S2

Promotes and protects the health of the community by providing environmental health inspection, public

health nursing, home care, palliative care, continuing care placement and home care rehabilitation.

RED DEER COMMUNITY ADULT LITERACY

NETWORK (403) 346-2533

Fax:..... (403) 343-2120

Admin-Red Deer Public Library

Dawe Center Library

56 Holt St Red Deer AB T4N 6A6

Provides one-to-one literacy tutoring for adults only.

RED DEER FOOD BANK SOCIETY

Administrative (403) 342-5355

Assistance Line (403) 346-1505

Fax:..... (403)346-1551

#12, 7429 49th Ave Red Deer AB T4P 1N2

For an emergency food hamper phone the Assistance Line between 8:30 am and 4:00 pm, weekdays. Closed weekends and statutory holidays.

RED DEER HOSPICE SOCIETY (403) 309-4344

Fax:..... (403) 347-4356

99 Arnot Ave. Red Deer, AB T4R 3S6

A free-standing hospice (a “home away from home”) will provide a quiet and caring environment for individuals who are at the end of life’s journey.

RED DEER HOUSING AUTHORITY

..... (403) 343-2177

Fax:..... (403) 343-2176

5024 Ross St. Red Deer AB T4N 1Y3

Provides subsidized housing units for families and a rent supplement program for persons who are unable to obtain adequate housing (because of income or disability). Apply in person on Wednesday and Thursdays.

RED DEER NATIVE FRIENDSHIP SOCIETY

Office: (403) 340-0020

Fax:..... (403) 342-1610

4712-51 Ave., Red Deer, AB T4N 4H1

Provides advocacy, youth programs, emergency assistance, prenatal care, early intervention, health care, assistance with housing issues / basic needs and language and craft lessons.

RESIDENTIAL SOCIETY OF RED DEER

Office (403) 347-0181

Fax..... (403) 347-7275

(Member of Central Alberta's Safe Harbor Society for health & housing)

5246 – 53 Ave, Red Deer AB T4N 5K2

Provides innovative affordable housing for those in need.

SAFE HARBOUR SOCIETY (THE).. (403) 347-0181
(Member of Central Alberta's Safe Harbor Society for Health & Housing)

Fax:..... **(403) 347-7275**

5246-53 Ave., Red Deer AB T4N 5K2

The Safe Harbour Society is dedicated to reducing the impact of addictions in the community. Detoxification services, public education and prevention services are available. The Safe Harbour Society is a member of the Turning Point agency group. MATS program also available.

SACRED HEART CATHOLIC CHURCH

..... **(403) 346-2618**

Fax:..... **(403) 346-9472**

5508-48A Ave., Red Deer, AB T4N 3V6

Free Friendship Dinners 11:30am-1:00pm 3rd and 4th Sundays of each month.

SALVATION ARMY-CHURCH & COMMUNITY

SERVICES **(403) 346-2251**

Fax:..... **(403) 342-5892**

4857-54 St., Red Deer, AB T4N 2G5

Provides a wide range of emergency services to families and single people in need. Lunch is served Tuesday, Thursday and Friday from 11:30am-1:00pm

SALVATION ARMY-THRIFT STORE

..... (403) 340-0625
130, 2325-50 Ave., Red Deer, AB T4R 1M7

SCHIZOPHRENIA SOCIETY OF ALBERTA

Hours: 10:30am-4:30 pm Mon-Fri..... (403) 342-5760
Fax: (403) 342-4866
4811-48 Ave., Red Deer Alberta T4N 3T2

Provides support for people affected by schizophrenia and other related illnesses. Advocate for and actively promote the improvement of services (food, shelter, transportation, clothing and health issues). Provide a safe place for people afflicted with mental illness to socialize.

SHINING MOUNTAINS COMMUNITY LIVING

SERVICES (403) 346-9794
Fax:..... (403) 346-9380
4809 48th Ave T4N-3P2

Supported homes for individuals and families at risk of apprehension, coming out of treatment/rehab., and/or at risk of homelessness. Helping Hands Mobile Outreach offers free food and company on after hours route in Red Deer. Aboriginal cultural awareness including Aboriginal methods of conflict resolution, violence prevention and building self-esteem.

SPCA (Red Deer and District) (403) 342-7722

Fax:..... (403) 341-3147

4505-77th St Red Deer, AB Box #931 T4N 5H3

Animal shelter hours: Fri.-Wed. Noon to 5 pm,
(Admissions and adoptions close 1/2 hr. earlier). Office
hrs. 9-noon M-F. Emergency animal care and public
education.

SUICIDE PREVENTION SERVICES (403) 342-4966

Fax:..... (403) 342-4154

Suite D, 4808-51 Ave., Red Deer, AB T4N 4H3

Works to coordinate prevention activities and to
increase awareness of suicide and suicidal behavior.
Educational presentations, training programs, and
resource materials are available.

For suicide emergencies, call 911.

Alberta Crisis Line..... 1-877-303-2642

TEEN/YOUNG ADULT SEXUAL HEALTH CLINIC

49th Street Community Health Centre

Health Centre (403) 314-5225

Teen Clinic (403) 346-8336

4755-49 St., Red Deer, AB T4N 1T6 Bay A (mail)

Offers information on sexuality, birth control, and
STD's. Services are free and confidential.

Mon,Thurs., Fri.: 4-7 pm; and Wed.1-3 pm.

THE LENDING CUPBOARD..... (403) 356-1678
5406C 43 St. Red Deer AB T4N 1C9
Free loans of a variety of medical equipment to assist
individuals in their everyday lives.

TWILIGHT HOMES..... (403) 343-0680
Fax:..... (403) 341-5955
4809-34 St. Red Deer AB T4N 0p2
Housing for seniors. Open Monday-Friday 9am-12pm
1pm-4pm.

VICTIM SERVICES..... (403) 341-2041
Fax:..... (403) 346-1365
4811-49 St., P.O., Bag 5033, Red Deer, AB T4N 6A1
Provides support, information, and referrals to victims
of crime.

WOMEN'S EMERGENCY SHELTER (See Central
Alberta Women's Emergency Shelter)

WOMEN'S OUTREACH (See Central Alberta Women's
Outreach Society)

YOUTH & VOLUNTEER CENTRE... (403) 342-6500
Fax:..... (403) 342-7734
4633 -49 St., Red Deer, AB T4N 1T4
Houses Big Brothers/Big Sisters, In School Mentoring,
Boys' & Girls' Club, Teen Networks, Camp Alexo, 49th

Street Youth Shelter, Neighborhood Networks,
Community Transitions, and North Hill Boys' and Girls'
Club

ALIX/MIRROR (1-403)

R.C.M.P. (Call Bashaw or Lacombe) 372-3793
Victim Services 372-3793
Alix Neighbourhood Place 788-2996
F.C.S.S. Mirror....788-3011 Alix 747-2030

BASHAW (1-780)

R.C.M.P. 372-3793
Victim Services 372-3793
Bashaw & District Support Services 372-4074
Bashaw Health Centre (Hospital) 372-3731
Food Bank..... 372-4074
Happy Gang Center.....372-3801
Neighborhood Place 372-4074
Thrift Store 372-3650
Senior Valley Lodge 372-3657
Support Services..... 372-4074
Women's Institute..... (403) 883-2729
Youth Foundation.....372-4048

BENTLEY (1-403)

R.C.M.P./Emergency Services 887-3333

R.C.M.P./Victim Services-Lacombe..... 782-3279

Bentley Community Services..... 748-2160

(Neighbourhood Place /FCSS in one office)

- Advocacy, information, referrals and support.
- Blessing Pantry
- Senior Services: Lifeline, Meals on Wheels, Outings
- Grants for preventative community endeavors
- Volunteer coordination and support.
- Visiting svc., meeting space, computer access.

School Family Wellness Worker..... 748-2160

Well-Baby Clinic..... 843-2288

Bentley Medical Clinic..... 748-3688

Pastor Greg - certificates to store (food) ... 357-0188

BLACKFALDS (1-403)

R.C.M.P. 343-5591

Neighborhood Place 885-0119

F.C.S.S. 885-6247

Town of Blackfalds 885-4677

Rural Outreach (Women's Outreach Red Deer)

..... 1-866-347-2480

BOWDEN (1-403)

R.C.M.P. (Olds).....	556-3323
Bowden Neighbourhood Place & FCSS.....	224-3319
Olds Hospital & Care Centre.....	556-3381
Canadian Red Cross	224-3656
Family Wellness Worker	224-2264
Fire hall Office.....	224-2246
Food Bank (Innisfail)	227-0600
Town of Bowden.....	224-3395
Henday Association for Life Long Learning (Innisfail)	227-2866
Lifeline (Innisfail)	227-1561
Lifeline (Olds)	556-8441
Alcoholics Anonymous (Olds)	556-8091
Bereavement Facilities.....	224-3928
Citizens on Patrol	224-3319
C.H.I.P.S.....	224-3319
Rural Outreach (Women's Outreach Red Deer)	1-866-347-2480

CAMROSE (1-780)

R.C.M.P. Complaint Line.....	672-3341
Administration	672-3342
Camrose Police Service	672-4444
Victim Services	672-4444
Brigantia Place-Women's Shelter	672-1035
(24-hr. Crisis Line).....	672-1035
Camrose Family Resource Centre.....	672-0141
Catholic Social Services.....	672-3302

Community Connections 672-0906
 Community Mental Health -679-1241
 -Children's line -679-1764
 -Fax -679-1740
 Crisis Management Help Line..... 1-800-779-5057
 Emergency Clothing & Furniture Depot 608-1681
 Food Bank..... 679-3220
 Meals on Wheels..... 672-0141
 Neighbourhood Youth Center 675-0505
 Neighbour Aide..... 679-3220
 St. Mary's Hospital 679-6100
 Chamber of Commerce..... 672-4217

CAROLINE (1-403)

Emergency 911
 R.C.M.P. (Sundre)..... 368-2566
 Friendship centre..... 845-2788
 Alberta Human Resources & Employment. 845-8590
 Big Brothers/Big Sisters in School Mentor . 722-3787
 Community Corrections..... 345-8310
 Community Health.....845-3030 or 845-3720
 Rocky Mountain House Mental Health.....844-5235
 Food Bank
 - Innisfail 227-4143
 - Penhold..... 886-5905
 - Rocky Mountain House 845-7546
 - Neighbourhood Place 638-1011
 Health Link.....1-866-408-5465

Health Unit, Rocky Mountain House 845-3030
 Public Health Services 845-3030
 Lifeline 845-2033
 Help/Victims/Family Violence 1-877-303-2642
 Lifeline845-2033 or 722-3870
 Mental Health 845-2033
 Mountain Rose Women's Shelter 845-4141
 Neighbourhood Place 722-3787
 Office of Public Guardian 845-2033
 Well-Being Baby Clinic..... 845-3030
 West Country Home Support..... 845-2033

CLIVE/TEES (1-403)

RCMP (Red Deer) 343-5591
 Neighborhood Place 784-3171

DELBURNE (1-403)

R.C.M.P. (Three Hills) 443-5539
 Neighbourhood Place 749-3380
 Fax:..... 749-3382

- Family Community Support Service
- Family School Wellness Worker
- Healthy Families
- ABC Program
- Well-Baby Clinics
- Foot Care Clinics
- AADAC

DRAYTON VALLEY (1-403)

Neighborhood Place 514-2204

DRUMHELLER (1-403)

AARON'S Incorporated..... 823 4659

Drumheller Outreach School 823 6237

Neighborhood Place 823-1316

S.A.S. (Support & Survive)

-Contact Linda Nelson 364-2542

-Contact Dolly Boyko 823-4094

ECKVILLE (1-403)

R.C.M.P. (Sylvan Lake) Administration..... 887-3334
.....and 346-9722

R.C.M.P. (Sylvan Lake) Emergency 887-3333

Victim Services (Sylvan Lake)..... 887-3334

Al-Anon 746-2583

Citizens on Patrol 746-2288

Crisis Management Help Line..... 1-800-779-5057

Eckville Community Health Centre 746-2201

Family Community and Support Svcs..... 746-3177

Family Wellness Worker 746-2446 or 746-2236

Mental Health Workers..... 746-2201

(Outreach available @ Neighbourhood Place)

Neighbourhood Place 746-2446

Fax.....746-2414

Email: enhp@platinum.ca

Public Health & Community Care	746-2201
Prenatal Classes	746-5425
School Liaisons/Counselors Elementary	746-2236
High School.....	746-2236

ELNORA (1-403)

R.C.M.P. (Three Hills)	443-5539
Elnora Community Health Centre	773-3636
Neighborhood Place.....	773-3171
F.C.S.S. (Village Office).....	773-3920
Boys & Girls Club	342-6500
Al-Anon	749-2555
AA.....	773-3937

INNISFAIL (1-403)

R.C.M.P. 24-hr. Line.....	227-3342
Administration	227-3343
Victim Services	227-3342
Adult Literacy	227-2866
Big Brothers and Sisters.....	227-6766
Family & Community Support Services	227-7744
Family Wellness Workers.....	227-7744
Food Bank.....	227-0600
Hospital (Innisfail Health Care Centre).....	227-7800
Innisfail Community Health Centre	227-7820
Lifeline	227-1561
Meals on Wheels.....	227-7231
Mental Health Centre.....	227-4601

Neighbourhood Place 227-7744
Parent Support 227-6766
Rural Outreach (Women's Outreach Red Deer)
..... 1-866-347-2480
Welcome Wagon..... 227-4934

LACOMBE (1-403)

Town of Lacombe.....782-6666
Police: (Town of Lacombe) 782-3279
Victim Services 782-3279
Action Group Fax:782-7073 # 782-5531
Adult Literacy 782-7655
Alberta Mental Health Centre 782-3413
Alcoholics Anonymous/AI-Anon 782-4370
Big Brothers & Big Sisters 782-7870
Career Closet & Coats for Kids..... 782-0886
Community Care (Home Care) 358-4188
Community Health Centre 782-3218
Castaways..... 782-1456
Lacombe & District Employment Service
Centre.....786-0044
Family & Community Support Services 782-6637
Family Wellness Worker 782-0886
Food Bank/Clothing Bank..... 782-6777
Hospital..... 782-3336
Lacombe Society (child care).....782-3477
Lacombe Youth Council 782-1423
Neighborhood Place 782-0886

R-Own Food Coop..... 782-2214
Rural Outreach (Women's Outreach Red Deer)
..... 1-866-347-2480
Seniors' Home Support/Information..... 782-6637
Teen/Young Parents' Support Group 782-0886

OLDS (1-403)

R.C.M.P.-Administration..... 556-3324
Victim Services 556-6777
..... 1-800-551-6777
Al-Anon 556-8091
Alcoholics Anonymous556-6372 or 556-8091
Association For Community Living 556-2921
.....556-2957
Community Health Centre 556-8441
Community Mental Health Centre..... 556-4204
Central Alberta Child and Family
Services Region 4 507-8035
After Hours..... 1-800-638-0715
Family and Home Services Accredited
Supports to the Community 556-4110
Food Bank..... 556-1693
Hospital And Care Center..... 556-3381
Meals on Wheels..... 556-7417
Newcomer's Coffee Get Together..... 556-6785
Olds Neighbourhood Place 556-7161
Family Support Services including:
• Family Parenting

- Information/Referral
 - Family Resource Centre
 - Education-Resource Lending Library
 - Food Collective Kitchen
 - Rural Outreach (Women's Outreach Red Deer)
..... 1-866-347-2480
 - Support/Outreach
 - Dressing for Success
- NU 2U 556-3279
(Furniture and Household Goods and Toys)
Mountain View Seniors Housing 335-8404
Town Office..... 556-6981
Volunteer Fire Department-Admin calls 556-6178
Youth/Adult Employment..... 556-3808

PENHOLD (1-403)

- R.C.M.P. (Innisfail) 227-3342
Victim Services (Innisfail) 227-3342
Ambulance (Innisfail)..... 911 or 227-3272
Family & Community Support Services 886-4567
Innisfail Hospital 227-7800
Penhold & District Seniors Drop-In Centre . 886-2999
Penhold Neighbourhood Place 886-5464
Red Deer Hospital 343-4422
Penhold & District Public Library 886-2636
Penhold Town Office 886-4567
Block Parent Administration 886-5381
Building Incredible Babies 309-8204

Canadian Mental Health.....	342-2266
Child Protection Svcs (Intake Red Deer) ...	340-5400
Community Garden	886-5464
Day Home Society (Innisfail)	227-2767
Family School Wellness (Red Deer)	342-4320
Food Bank.....	886-5464
Healthy Families.....	886-4567
Mental Health Clinic (Innisfail)	227-4601
Penhold Skills Swap.....	886-5560
Penhold Recreation/Events	886-5464
Penhold Co-op Kitchen.....	886-8679
Rural Outreach (Women's Outreach Red Deer	1-866-347-2480

PONOKA (1-403)

Ambulance Office.....	783-3363
Fire Office	783-0112
R.C.M.P.	783-4471
Victim Services	783-4472
AADAC (provides services in Ponoka).....	340-5274
Alberta Hospital Ponoka	783-7600
Big Brother & Big Sisters	(403)783-3112
Community/Family Wellness Worker.....	704-1146
Community Mental Health Centre.....	783-7903
Erminskin Band	585-3835
Family/School Liaison Workers	783-4462
Food Bank.....	783-5910
Hobbema Indian Health Services	585-2020

Hobbema Mental Health Agency	585-2020
Medical Centre	783-3306
Mental Health Assessment and Consultation Services For Seniors	1-800-779-5057
Mental Health Clinic (Downtown)	783-7907
Neighborhood Place (Ponoka)	704-1146
Ponoka Community Health Centre	783-4491
Ponoka Drop In Centre	783-5012
Ponoka General/Auxiliary Hospital	783-3341
Rimoka Low Income Housing	783-0128
Rural Outreach (Women's Outreach Red Deer)	1-866-347-2480
Youth Centre	783-3112
F.C.S.S. (seniors issues/volunteer driver)..	783-4462
Adult Learning	783-3285
Little Treasures Day Home	783-8043
Ponoka Literacy Project.....	783-4462
The Fish Gate (Furniture Assistance)	783-8838
Medical Associates Clinic	783-5305
Rising Sun Clubhouse	783-5810
Healthy Families.....	782-4462

RIMBEY (1-403)

Emergency Services	843-2998
Fire and Rescue	843-6897
R.C.M.P. / Victim Services	843-2224
Alcoholics Anonymous	843-3662
AADAC Youth Services (weekly).....	340-5274
Blindman Handi-Van Society	843-7733
Bluffton School Liaison Worker	843-6528
Childcare Family Day Home Program	843-3010
Community Health Centre	843-2288
Community Liaison (Inter-Agency) Group..	843-4304
Community Mental Health	843-2406
County of Ponoka Literacy Project.....	843-4304
Family & Community Support Services	843-2030
• Transportation to safe shelter	
• Transportation to medical appointments	
• Foodbank	
• Home support services	
Family Wellness Worker	783-7563
Helping Hands	843-6138
Hospital	843-2271
Just Parenting Support Group	843-2030
Low Income Housing	783-0128
Neighbourhood Place	843-4304
Recreational Department.....	843-3151
Rimbey/Ponoka Adult Learning Council.....	843-3201
Rimbey Elementary School Liaison and	
Rimbey Jr/Sr High Family Wellness	843-3751

Rural Outreach (Women's Outreach Red Deer)
..... 1-866-347-2480
Seniors' Information Line..... 1-800-643-3853
West Country Outreach School Liaison 843-4447

ROCKY MOUNTAIN HOUSE (1-403)

R.C.M.P. 845-2881
Victim Services 844-4421
AADAC-(for appointment)..... 340-5274
Aboriginal Neighborhood Place 844-2788
Central Alberta Children & Family Svcs..... 845-8290
Children Services CFSA..... 845-8290
Clearwater Neighborhood Place 844-2101
Community Health Centre 845-3030
Family & Community Support Services 845-3720
Food Bank..... 845-7546
Generalist Social Work Program.....844-2101
McMann Youth Services..... 845-4531
Mental Health Clinic 845-5235
Native Counseling Services..... 347-4377
Rocky & District Hospital 845-3347
Women's Shelter (Mountain Rose) 845-4141

STETTLER (1-403)

R.C.M.P.	742-3382
Victim Services	742-3382
AADAC.....	742-7523
Adult Day Support Program	742-7456
Al-Anon	742-0990
Alcoholics Anonymous	742-8278
Alberta Human Resources & Employment. (Formerly Social Services)	742-7586
Assoc. of Communities Against Abuse	742-3558
Bereavement Society	742-2337
Brigantia Place (Camrose Women's Shelter) 24-Hour Crisis Line.....	(780) 672-1035
Child Care Centre.....	742-3590
Children's Services..... (Ribstone Child & Family Services)	742-7515
Family School Liaison Workers Judy @ 740-4057 or Bernie @ 742-0708	
Community Health Services	742-3326
Domestic Abuse Counseling..... or	742-3558 742-7591
Family & Community Support Services	742-2337
Food Bank.....	742-4567
Heartland Youth Centre	742-5437
Home Support	742-6668
Hospital (Stettler)	742-7400
Housing Authority	742-2953
Mental Health Services	742-7591

Stettler Suicide Awareness 742-7591
Stettler Information & Referral Centre 742-1155
The Action Group 742-2340

SUNDRE (1-403)

Hospital 638-3033
R.C.M.P. 638-3675
Victim Services 638-3675
Family and Community Support Svcs..... 638-1011
Greenwood Neighborhood Place 638-1011
General Referrals, Santa's Anonymous, Tools for
School, School Programs, Health Unit Programs
Mental Health Services 638-4063
Rural Outreach (Women's Outreach Red Deer
..... 1-866-347-2480

SYLVAN LAKE (1-403)

R.C.M.P. 887-3333
Victim Services (Sonja Henderson) 887-3334
Care and Share Used Clothing 887-4505
Citizens on Patrol 887-3334
Community Health Centre 887-2241
Community Youth Services 887-1193
Family Community Support Svcs 887-1137
Family School Wellness Program..... 887-2412
.....887-0491
Food Bank..... 887-4534

Friendship Society (seniors) 887-5025
 Grief Support Program 887-4476
 Library 887-2130
 Lifeline (volunteers in comm.) 887-4323
 Meals on Wheels..... 887-2555
 Mental Health Centre/Volunteer Resource. 887-2241
 Neighborhood Place 887-3433
 Rural Outreach (Women's Outreach Red Deer)
 1-866-347-2480
 Sylvan Lake Kindercare..... 887-5330
 Sylvan Lake Volunteer Services 887-1137
 Town of Sylvan Lake 887-2141

THREE HILLS/TROCHU (1-403)

R.C.M.P. (Three Hills) 443-5538
 Victim Services (Three Hills) 443-5539
 Kneehill Community Resource Program 443-2255
 (Family Resource Worker)
 Neighbourhood Place 442-2839
 St. Mary's Health Centre (Hospital)..... 442-3955
 Trochu Family & Community Support Svc. 442-3085
 Trochu Family Medical Assoc..... 442-3814
 Trochu Valley Outreach School 442-2023
 F.C.S.S. 443-5541

WETASKIWIN (1-780)

R.C.M.P. (complaints)	312-7267
Victim Services	312-7287
AADAC.....	361-1358
AA / AL ANON.....	352-2333
Family and Community Services.....	361-4425
• Home Support Services/Meals on Wheels	
• Volunteer Visitors/Volunteer Drivers	
• Palliative Care	
Food Bank.....	352-2416
Catholic Social Services.....	352-5535
Wetaskiwin Regional Health Unit.....	361-4337
Wetaskiwin Home Care.....	361-4334
Hospital (Main #)	361-7100
Legal Aid.....	361-1331
Mental Health Centre.....	361-1245
Native Counseling Services.....	352-2288
Neighbor's Outreach.....	352-8428
Seniors' Housing / Community Housing.....	352-4436
Wetaskiwin Child Care Society	361-3771
Wetaskiwin Handi-Van Society	352-3352
Wetaskiwin Youth Centre	352-4643

MEALS AND FOOD

Salvation Army	4837-54 Street	346-2251
Loaves and Fishes	6002-54 Ave	347-1844
Potters' Hand	4935-51 Street	309-4246
RD Food Bank	#12-7429-49 Ave	346-1505

**** Call For Schedules ****

RURAL If no one is available to take your call, there are answering machines on the lines to leave your name and number.

Lacombe Food Bank	Phone: 782-6777
1:00 p.m. – 4:00 p.m.	Tuesday, Wednesday
7:00 p.m. – 9:00 p.m.	Thursday
1:00 p.m. – 3:00 p.m.	Friday
Innisfail Food Bank	Phone: 227-3604
1:00 p.m. – 3:30 p.m.	Tuesdays
Penhold Food Bank	Phone: 886-5905
Sylvan Lake Food Bank	Phone: 887-4534
9:30 a.m. – 12:00 a.m.	Wednesday

