

Helping Women and their families succeed ...



Women's Outreach offers referral and educational services, individual support and program support to women to assist them in accessing, securing and developing the resources they need to achieve their individual goals.

PROGRAMS

Boundaries Groups
Building Blocks Nursery School
Domestic Violence Support
Immigrant Rural Outreach
Julietta's Place
KID Power
Monitored Exchange
Safe Visitation
Rural Outreach
Women's Drop In Group

SERVICES

Crisis Intervention & Support
Drop In Daycare
Housing Support
Legal Support
Post Shelter Services
R – Own Food Co-op

SPECIAL PROJECTS

Adopt A Family
Personal Care
Tools for School

TOGETHER ~ CHANGING LIVES

The Women's Outreach is proud to be a part of a community that collectively uses energy, talent, knowledge and resources to find solutions to important community issues. Together, we provide opportunities that help people make the transition to a better life.

We are grateful to those major FUNDERS who financially support our programs and services assisting us in helping to strengthen the lives of women and their families in central Alberta.

Women's Outreach is funded in part by:

Alberta children and Youth Services
Alberta Health Services
Alberta Law Foundation
Central Alberta Child and Family Services Auth Reg 4
Family and Community Support Services
Housing and Urban Affairs
Private/Anonymous Donors
Solicitor General and Public Security
Canadian Women's Foundation
The City of Red Deer through the Province of Alberta's Outreach and Support Services
United Way of Central Alberta



You can find us at:

4808—51st Avenue
Red Deer, AB T4N 4H3

Contact us at:

Phone: (403) 347-2480
Toll Free at: 1-866-347-2480
e-mail at: outreach@womensoutreach.ca

On the Web at: www.womensoutreach.ca

OUTREACH SUPPORT PROGRAMS



OUTREACH SUPPORT:

Our Outreach Workers assist with:

- Supporting women and their families in identifying their needs/concerns
- Accessing support services related to individual needs
- Supporting women and families experiencing the effects of domestic abuse/violence
- Supporting women with legal, housing, financial and health issues
- Supporting individuals leaving the Women's shelter or People's Place
- Basic need provisions
- Family violence concerns
- Crisis intervention & support
- Identifying and addressing financial concerns
- and much more



NEED CHILD CARE?

Whether you are accessing our programs or services, or you just need a break, the Women's Outreach offers child care for children 19 months to 6 years of age.

Please call ahead to book space in our daycare: (403) 347-2480

Hourly Fees Apply.

Rural Outreach Program

An Outreach Worker supports women and families experiencing domestic abuse/violence, difficulties in meeting their basic needs and identifying barriers to reach their personal goals in rural communities. The program provides direct services in: Sundre, Bowden, Innisfail, Penhold, Sylvan Lake, Blackfalds, Lacombe, Rimbey and Ponoka

**To book an appointment please call:
(403)347-2480
or toll free at: 1-866-347-2480**

Legal Support

This service facilitates access to the legal system for those experiencing barriers. Outreach Workers offer education, support court accompaniment, and referrals.

Housing Support

Outreach Workers provide support, information and referrals to individuals and families who are in search of affordable and safe housing. They are available to help identify possible solutions to housing concerns, like: damage deposit, landlords, utilities, and budgeting.



***We are with you every step
of the way.....***

Our programs and services will provide you with the necessary support to provide you with the tools to assist you in making the best possible decisions for you and your children.

How is your relationship?

Are you frightened by your partner's temper?

Are you afraid to disagree?

Does your partner put you down, but then tells you that they love you?

Does your partner treat you roughly—grab, push, pinch, shove or hit you?

Does your partner call you several times a night or show up to make sure you are where you say you are?

Does your partner blame you for how they feel or act?

Does your partner threaten to hurt your pet or children if you don't comply with their wants or desires?

Have you been slowly isolated from family and friends?

Has your partner made you economically dependent on them?

Do you feel there is "no way out" of your relationship?

If you have experienced any of the above, you may be in an abusive relationship.

You can contact a Domestic Violence Support Worker to explore your options.

